

# **COCO Centering Prayer Group Facilitators'**

## **2025-2026 Meeting Schedule**

### **Quarterly Meetings (By Zoom)**

- Saturday, October 4, 2025, 10:00 a.m. - Noon
- Saturday, February 7, 2026, 10:00 a.m. - Noon
- Saturday, May 2, 2026, 10:00 a.m. - Noon
- Saturday, October 3, 2026, 10:00 a.m. - Noon

All Quarterly meetings will be held by Zoom on Saturdays with a start time of 10:00 a.m. All Facilitators and those interested in becoming Facilitators are welcome to attend. There is no charge for these meetings.

### **Facilitator Training Sessions (By Zoom)**

- Saturday November 1<sup>st</sup>, 10:00 a.m. - Noon
- Saturday, December 6<sup>th</sup>, 10:00 a.m. - Noon
- Saturday, January 10<sup>th</sup>, 10:00 a.m. - Noon

These training sessions will consist of the showing of Facilitator training videos prepared by Contemplative Outreach Ltd., followed by group discussions. All Facilitators and those who are interested in becoming Facilitators are welcome to attend. There will be no charge for these sessions.

### **Zoom Link**

The Zoom link will be the same for all these meetings and is as follows:

<https://us06web.zoom.us/j/85011788324?pwd=KrvA6wpRdjP9zOarhzhE4PYltoalO.1>

Please add these events and the Zoom link to your calendar if you can and wish to attend any or all of them.

### **Contact**

If you have any questions about these meetings or about any matter related to the Centering Prayer Group Facilitator role, please contact Jim Bell (COCO Facilitator Support & Enhancement Team Leader) at: [jsbell13@gmail.com](mailto:jsbell13@gmail.com)